



Success Stories

West Valley Elementary

West Valley is new to the Gold Medal Schools program this year. The teachers believe in this program because the students are walking and performing better, they do not have as much trouble concentrating. Teachers have seen higher grades as a result of this program. At the beginning of the year, the students would complain about having to walk the Gold Medal Mile. Now, the students are asking to walk everyday. Some teachers are very grateful their students have realized the importance of exercise and health and are taking steps to implement a healthier lifestyle into their daily lives. The students and faculty at West Valley Elementary have enjoyed the Gold Medal Schools program and the Gold Medal Mile walking program.